

"ORS AWARENESS PROGRAMME"

29.07.2013

9am - Inauguration Function With Poster Competition & Display, by staff of Nalam

CHIEF GUEST - Mrs. Bhooma Parthasarathy, Director - Thirumalai Mission Hospital, Thirumalai
Charity trust, Ranipet

30.07.2013

11am - Mother's awareness programme

31.07.2013

02.30pm - Role play by staff of Nalam

"BREAST FEEDING WEEK CELEBRATION"

01.08.2013

9am - Community awareness programme in Sathuvachari Village, Poster Competition &
Display, Mother awareness programme

02.08.2013

02.30pm - Kavithai Competition & Role Play by Staff of Nalam

03.08.2013

2.00pm - Valedictory function

CHIEF GUEST - Dr. Kaia Inbaraj, Prof & Head Pediatric Intensive care division, CMC & Hospital,
Vellore

KINDLY GIVE YOUR NAMES TO Mrs. Jonseema & Sis. NithyaClara

With Regards,

S. Narmada

Dr. Narmada Ashok

Director & Consultant Pediatrician

ORS CELEBRATIONS

This week started off with school health awareness programmes along with staff nurses of CMC in thorapadi high school. They created awareness among the school children. The nurses enthusiastically participated. They also went on to do similar programmes in thotapalayam and kodaiadi kuppuswamy high school on 26th, 29th and 30th of July. This was a new experience for our staffs also.

We had a poster display by our staff members on 29th of July on ORS awareness which was inaugurated and addressed by Dr. Bhooma parthasarathy, Director of Thirumalai Hospital and Thirumalai Charity trust. It was a tough competition and our Judge of the poster session Dr. R.Ashok had a really difficult time to decide on the winners. The public were also educated about the importance of ORS and also on diarrhoea. The programme was well received by the public. We distributed flyers about ORS to the public

This was followed by Mother's awareness programme conducted by staffs. The mothers had various doubts regarding diarrhoea and ORS which was enthusiastically answered.

The last day of the ORS celebrations was made very enjoyable by our staffs performing skits and kavithai. Dr. Suresh kumar was our guest of honor and judged our staffs performance.

Breast feeding week celebrations

This year we had a fantastic beginning to the programme with our staffs preparing more than 50 posters. Special mention to be made about the posters made by the ICU and radiology staffs which attracted the public. Their enthusiasm was infectious.

We started our first community project this year. I and our staff members visited the colonies inside sathuvachari and created awareness among the public and distributed flyers which stressed the importance of breast feeding. We also distributed samples for the mothers. The public was so enthusiastic that they asked a lot of questions and welcomed our staffs. They almost spoke to about 500 public.

The same day we also had role play, kavithai and songs by our staffs which highlighted their talents and also created awareness among the public. Dr. Muthudurai had the tough job of judging both the posters and the entertainment programme which he performed with great enthusiasm.

We had enthusiastic grandparents and mothers listening to our slide presentation on importance of breast feeding yesterday in which our gynaecologist Dr. Kabilarajee also participated. Infact she also

Though today is the valedictory function for our hospital celebrations IAP north arcot has still many activities to go. We have our College Awareness programme for college students at DKM college on Monday and a village community program for mothers at thiruvalem to be conducted by Dr. Padmapriya along with Thirumalai Mission Hospital.

A week full of activity, new insights into the community work, new orientation for our staffs, greater coordination amongst us, a deep sense of satisfaction – these were the hall mark of our celebrations. We hope to make it even better with innovative projects in the near future.

Vote of thanks

1. Our chief guest Dr. Kala Inbaraj, for having consented to be our guest inspite of her busy schedule
2. Office bearers of IAP North Arcot -for supporting and coming here
3. Our mothers who have made this possible
4. Management and Board of Directors of Nalam for having permitted to conduct our celebrations and also taking up the difficult task of being the judges of the programmes
5. Our Gynecologist Dr. Kabila for her enthusiastic participation
6. Our printers RM screens who has printed all the documents in a very short notice especially certificates.
7. Mr. Shankar, our pharmacist who coordinated the programme and talked to all the companies for the Sponsor.
8. Mrs. Shanmugapriya, our Accountant and HR person who took care of finances, public relations and arranged for media coverage
9. Mrs. NithyaClara, our nursing superintendent who enthusiastically went to all schools and also encouraged the nurses to participate
10. Mrs. Hepsi Prasanna, Incharge staff of NICU who attended all school programmes and also enthusiastically participated in various activities
11. Mrs. Hepsiba, Store incharge who coordinated with school authorities and also coordinated the work of inviting all paediatiricians
12. Mrs. Viji and Gowtham who took care of all the office work
13. Mrs. Jonseema and Ms. Kalai who take care of finternal circulars
14. Mr. Durai who take care of stage arranements and audiovisual aids and tolerated us for so many changes made and for arranging community activity in Sathuvachari
15. Our staffs for their enthusiastic participation without which programme would not have been a success.
16. Our sponsors for all the programs – Ipca pharmaceuticals, Molekule, Reyes pharmaceuticals, Abbott nutrition, Eris and Grapple who have made this possible.
17. Our audio visual suppliers
18. Our canteen – dhayalan and staff